



## Permission Form for Bellemeade Park Trip

Playing and exploring in nature helps kids to be stronger, healthier, happier, more creative, and ready to learn! During the Bellemeade Park field trip, children will visit nature play areas and discovery stations in small groups to enjoy nature through hands-on activities. We look forward to a fun 90 minute visit full of play and exploration in beautiful Bellemeade Park, a city park next to Oak Grove-Bellemeade Elementary School! The trip aligns with the Virginia Standards of Learning. Students coming from Oak Grove Elementary School will walk to the park. Students coming from other schools will ride a school bus.

**Please note:** Playing in nature involves expected risks associated with walking on uneven surfaces, being outdoors, and coming in contact with natural elements such as water, sand, plants, and insects.

On the day of the trip, children need closed-toe shoes and clothing appropriate for outdoor play. Please apply sunscreen in the morning and pack a hat, if available.

Please let your child's teacher know if you have any questions or concerns.

Your child's teacher:

Your name:

Child's name:

Are you the parent or guardian of the child named above?

YES

NO

Do you give permission for your child to participate in a field trip at Bellemeade Park?

YES, I give permission

NO, I do not give permission

Parent/ Guardian Signature

Date